



# AGILE COACH

## PROFESSIONAL CERTIFICATE



ACPC® Version 112019

**CertiProf®**

## Agile Coach Professional Certificate ACPC<sup>®</sup>

### Syllabus V112019

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## Introduction:

**CertiProf®** is now offering the professional certification in Agile Coach, Agile Coach Professional Certificate ACPC®, for those who wish to learn and implement Coaching skills to find and manage the necessary changes and thus achieve objectives and meet goals. Coaching is a discipline that consists in the resolution of problems, allowing personal and professional growth to create awareness, improve communication and obtain extraordinary results in life, professionally, in companies or ventures.

This certification based on Agile methodologies is intended to guide people and organizations in the process of changing from a current status to a future or better one in the least painful way possible in order to obtain phenomenal and sustainable results. Agile Coach concentrates in the knowledge of the clients, increases their performance and improves their quality of life.

## Learning Objectives:

- To have an overview of the agility, main practices, Coaching and fundamental skills that an Agile Coach must have to be a catalyst for change in people and organizations.
- Learn and understand Agile frameworks and Lean principles, not only at the practice level but also at principles and values levels.
- Develop the teaching capacity to offer the right knowledge, at the right time, in the right way, so that people, teams and organizations are able to comprehend the knowledge for their best benefit.
- To get certified internationally as Agile Coach Professional Certificate ACPC®, endorsing the knowledge and fundamental application of Agile Coach Professional Certificate.

## Exam format and duration

The study program has a test that the candidate must pass to obtain the certification in Agile Coach Professional Certificate ACPC®.

- Format: Multiple choice. 40 Questions.
- Duration: 60 minutes maximum, for all candidates in their respective language.
- Prerequisite: There are no formal prerequisites for this certification
- Supervised: It will be at the Partner's discretion.
- Open book: No.
- Pass Score: 32/40 or 80 %
- Delivery: This examination is available online.

## Eligibility for certification

Anyone who is interested in expanding their knowledge in Agile Coach and wants to improve their area of work.

## Content

### Agile Overview

- Agile - Self-Diagnostic
- Agile Definition
- Why do large organizations use Agile?
- Benefits in Implementing Agile
- Agility Fundamentals
- Agile Manifesto
- The 12 Principles of the Agile Manifesto
- Declaration of Interdependence - Values
- Declaration of Interdependence
- Agile vs Waterfall
- Differences and Similarities
- Differences in Agile vs Waterfall Thinking Process
- Different Thinking
- Differences in Agile vs Waterfall
- The Agile Mindset
- Application Exercise of Reinforcement

### Coaching Overview

- Learning Phases during the Change Process
- The 4 Stages to Achieve Wisdom
- Why Coaching in Agile? The Process of Common Change
- A Bit of History About Coaching
- What is Coaching?
- What is and what is not Coaching?
- Skills of Coaching
- General Skills of the Professional Agile Coaching
- Coaching Process
- Powerful Questions to Define Objectives - Part I
- Powerful Questions to Define Objectives - Part II
- Powerful Questions Defining Actions
- Powerful Questions Creating Perspective

### Agile Coaching Competency Framework

- Fundamentals Competencies of Agile Coaching
- Practice Leader Lean Agile
- Professional Coaching
- Facilitation
- Mentoring

Teaching  
Technical Mastery  
Business Mastery  
Transformation Mastery  
Let's Practice to Identify the Differences

### **Coaching Mindset/Key Concepts**

V.U.C.A  
What are some VUCA examples in your experience?  
Organizations that Have Adopted Agile 3 Main Characteristics  
Agile Coach  
Agile Coach - Role  
Agile Coach Areas  
Agile Coach Skills  
Agile Team Facilitation (Agile Mindset)  
Mentoring vs. Coaching vs. Management  
Working with Teams – Agile Coach  
Agile Coach Oath  
Values and Principles of an Agile Coach  
The Most Important Habits of an Agile Coach  
Advices for an Agile Coach  
The Coaching Process  
Agile Leadership  
Concept Analysis

### **Agile Coach DNA/Enterprise Level**

Introduction to the DNA of an Agile Coach  
Catalysts for Culture Continuous Improvement  
Boost Ownership  
Facilitate Barrier Removal  
Develop Competencies  
Promote Awareness  
Agile Coach DNA – Team Level  
Agile Coaching DNA - Enterprise Level

### **Agile Frameworks Overview**

Main Agile Frameworks – Team and Organization  
Scrum Overview  
Introduction to Scrum  
Scrum Components  
Scrum Principles  
Scrum Aspects

Introduction to Kanban  
Kanban Application  
Wrong Reasons  
Basic Properties  
Scrumban  
Introduction to Scrumban  
Extreme Programming (XP)  
Introduction to Extreme Programming  
What is TDD?  
FDD (Feature Driven Development)  
Crystal Methodologies  
Introduction to Crystal Methodologies  
Focus - Roles  
Dynamic System Development (DSDM)  
Introduction to DSDM  
Agile Unified Process  
Introduction to AUP  
Agile UP Phases  
DevOps Development and Operations  
DevOps  
Why DevOps?  
DevOps Purpose  
DevOps Tools  
Scrum of Scrum  
Roles (Organization)  
Implementation Strategies  
LeSS Large Scale Scrum  
LeSS  
Introduction to LeSS  
Framework LeSS  
Scaled Agile Framework SAFe  
SAFe  
Introduction to SAFe  
Let's practice simplifying